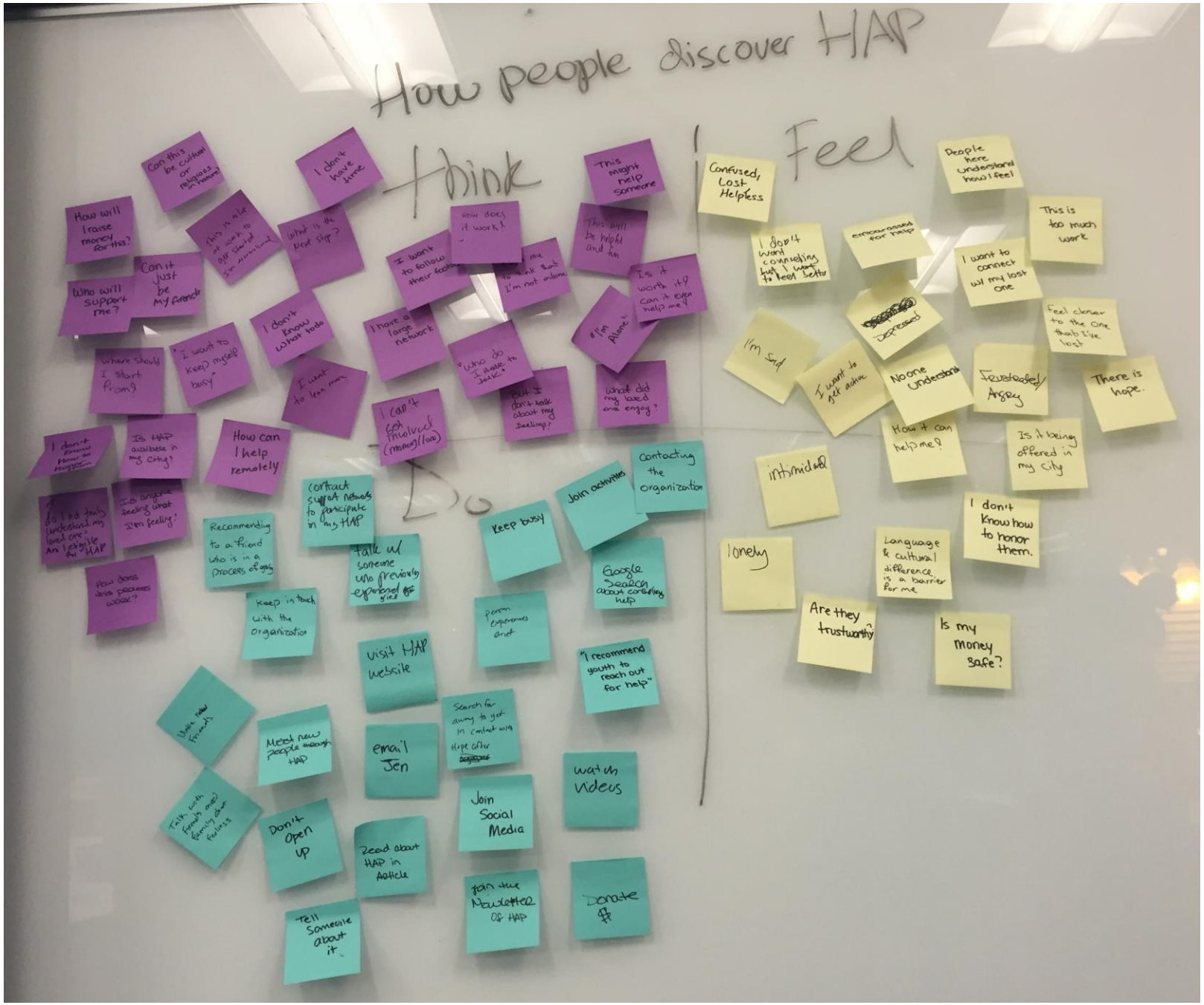
How people discover HAP
Think
Feel
Can this be cultural or religious in nature?
I don't have time
How will I raise money for this?
This is a lot at work to get started I'm overwhelmed
What is the next step?
How does it work?
This might help someone
This will be helpful and fun
Who will support me?
Can it just be my friends
I want to follow their footsteps
Is it worth it? Can it even help me?
I don't know what to do
I have a large network
"I'm Alone"
Where should I start from?
"I want to keep myself busy"
I want to learn more
"Who do I have to talk"
But I don't talk about my feelings?
What did my loved one enjoy?
I can't get involved (money/love)
I don't know how to honor them
Is HAP available in my city?
How can I help remotely
Contact support networks to participate in my HAP
Contacting the organization
Join activities
Keep busy
Do I not truly understand my loved one? Am I eligible for HAP
Is anyone feeling what I'm feeling?
Recommending to a friend who is in a process of grieving
Talk w/ someone who previously experienced grief
Google Search about consulting help
How does this process work?
Keep in touch with the organization
Person experiences grief
Visit HAP website
"I recommend youth to reach out for help"
Make new friends
Meet new people through HAP
email Jen
Search for away to get in contact with Hope after
watch videos
Talk with friends and family about feelings
Don't open up
Join Social Media
Read about HAP in Article
Join the Newsletter of HAP
Donate $
Tell someone about it
Confused, Lost Helpless
People here understand how I feel
This is too much work
I don't want counseling but I want to feel better
embarrassed for help
I want to connect w/ my lost one
Depressed
Feel closer to the one that I've lost
I'm sad
I want to get active
No one understand
Frustrated/ Angry
There is hope.
How it can help me?
Is it being offered in my city
intimidated
I don't know how to honor them.
lonely
Language & cultural difference is a barrier for me
Are they trustworthy?
Is my money safe?